# INDIGENOUS HEALTH RESOURCE PACKAGE

### ONLINE RESOURCES

- Alberta Doctors' Digest Special Issue: Equitable and Healing Indigenous Health Care
  - https://add.albertadoctors.org
- AHS My Learning Link: Indigenous Awareness and Sensitivity Modules
  - https://mylearninglink.albertahealthservices.ca/elearning/bins/index.asp?
     ReturnUrl=%2f
- Canadian Paediatric Society Strategic Framework: Indigenous Child & Youth Health
  - https://www.cps.ca/en/indigenoushealth
- Canadian Paediatric Society Position Statements on Indigenous Health
  - https://www.cps.ca/en/documents/authors-auteurs/first-nations-inuit-andmetis-health-committee
- Peds Cases: Indigenous Child Health in Canada
  - Part I Past: https://www.youtube.com/watch?v=iknejNadIS4
  - Part II Present: https://www.youtube.com/watch?v=-iUB9aSZU-U
  - Part III Future: https://www.youtube.com/watch?v=Nok1YK1Gj20
- Government of Canada Resources
  - https://www.canada.ca/en/services/culture/history-heritage/indigenoushistory.html

## **BOOKS**

• Fighting for A Hand to Hold

Author: Dr. Samir Shaheen-Hussain

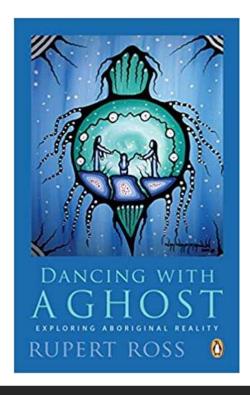
• Dancing with a Ghost: Exploring Aboriginal Reality

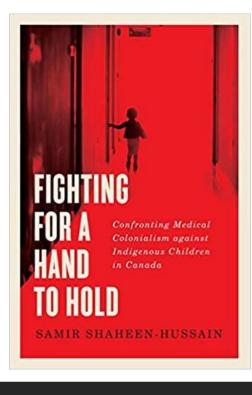
**Author: Rupert Ross** 

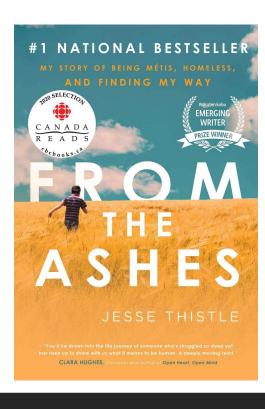
• Must Reads by Indigenous Authors

https://www.chapters.indigo.ca/en-ca/books/indigenous-voices/

- o Jonny Appleseed, Author: Joshua Whitehead
- Firekeeper's Daughter, Author: Angeline Boulley
- o Braiding Sweetgrass, Author: Robin Wall Kimmerer
- Return of the Trickster, Author: Eden Robinson
- o 21 Things You May Not Know About The Indian Act, Author: Bob Joseph
- Nedi Nezu (Good Medicine), Author: Tenille K. Campbell
- A History of My Brief Body, Author: Billy-Ray Belcourt
- o Indians on Vacation: A Novel, Author: Thomas King
- The Break, Author: Katherena Vermette
- o This Place: 150 Years Retold, Author: Kateri Akiwenzie-Damm
- From The Ashes, Author: Jesse Thistle







# **PODCASTS**

- All My Relations, Hosted by Matika Wilbur and Adrienne Keene
  A poetic podcast with visual storytelling that tackles tough topics and celebrates
  Indigenous Peoples.
- Red Man Laughing, Hosted by Ryan McMahon
  An Indigenous Arts and Culture podcast that directly confronts "the good, the bad, and the ugly between Indian Country and the mainstream".
- Warrior Life, Hosted by Pam Palmater

  A podcast meant to support a decolonizing journey in mind, heart, bodies, and spirits by educating and connecting a larger community through interviews with grassroots activists, Indigenous leaders, and knowledge keepers.
- Missing & Murdered, Hosted by Connie Walker

  A podcast that tells the difficult stories of missing and murdered Indigenous women in

  Canada in a way that honours the lives lost and the families struggling to navigate a

  systemic, complex, and intergenerational issue.
- Heartberry Podcast, Hosted by Yotakahron Jonathan and Shanna Peltier Unbelievable stories of love and resilience with a good mixture of humour.



## **DOCUMENTARIES & FILMS**

- The Cure Was Worse, Documentary by Holly Moore
- Together We Stand Firm, Documentary by Franziska Von Rosen
- Must Watch Indigenous Films & Documentaries
  - https://www.cbc.ca/firsthand/m\_features/10-indigenous-films-to-celebratenational-aboriginal-day
  - https://www.cbc.ca/documentaries/10-docs-on-indigenous-life-in-canada-1.5606739

### FURTHER RESOURCES

- University of Calgary Office of Indigenous Engagement
  - https://www.ucalgary.ca/indigenous/learning
- Indigenous People in Alberta
  - http://www.albertahealthservices.ca/info/page7634.aspx
  - https://www.albertahealthservices.ca/info/Page11949.aspx
  - o https://www.albertahealthservices.ca/about/Page13771.aspx
  - https://insite.albertahealthservices.ca/ihp/Page16009.aspx
- On-Reserve Health Services and Programs in Alberta
  - http://publications.gc.ca/collections/collection\_2012/sc-hc/H34-256-2012-eng.pdf
- First Nations Child and Family Caring Society of Canada Jordan's Principle
  - https://fncaringsociety.com/jordans-principle
- Determinants of Indigenous Peoples' Health, Second Edition: Beyond the Social
  - o Edited by Margo Greenwood, Sarah de Leeuw, Nicole Marie Lindsay
  - https://www.canadianscholars.ca/books/determinants-of-indigenous-peopleshealth