Pediatric History Checklist

Background

   History taking for a pediatric generally follows the same structure as in any other patient encounter. However, when it comes to a pediatric patient, there is pertinent information that needs to be obtained, that you wouldn't necessarily do for an adult patient. As you go through this list, keep in mind, that many of these questions are age specific. A skilled clinician will remember to direct questions to the parents and the patient, always ensuring that you are engaging the patient in an age appropriate way.

Chief Complaint

- □ Do you have any concerns that you would like me to address today?

History of presenting illness

- □ Chronological description of problem
- □ Onset, Location, Duration, Severity, Character, Aggravating and alleviating factors, Radiation, Symptoms associated, Precipitation factors, Frequency
- □ Further questions directed by chief complaint

Past Medical History

- □ Pregnancy
  - Complications (infections, trauma, etc)
  - Prenatal care
  - Exposure to drugs/alcohol use/medications)
  - Serology (Hepatitis, HIV, Rubella, Syphilis, Varicella)
- □ Birth
  - Gestational age
  - Mode of delivery
  - Birth weight
  - APGARS
  - Complications
  - Septic risk factors (GBS status, antibiotics during delivery, duration of ruptured membranes, maternal fever, meconium, invasive procedures)
  - Neonatal period (feeding, breathing)
- □ Growth
- □ Illnesses, hospital admissions
- □ Surgeries
- □ Immunizations
- □ Drugs
- □ Allergies

Developmental history

- □ Developmental Milestones
  - Gross motor

- Fine motor
- Language
- Social/intellectual

Family history
- ☐ 3 generation pedigree when appropriate
- ☐ Consanguinity
- ☐ Ethnic background
- ☐ Who lives at home
- ☐ Illnesses that run in family
- ☐ Disabilities, deaths in childhood

Social history
- ☐ Family structure
- ☐ School/daycare/nursery
- ☐ Parents' jobs
- ☐ Financial stressors
- ☐ Smoking, other drug use
- ☐ Pets
- ☐ Explore parental mental health as appropriate
- ☐ If teenager, do full HEADSSS history

Review of Systems
- ☐ Complete review of systems and physical exam